

#### 1.0 Introduction

We are excited to introduce The Strides Academy Day Care Center located at Njiro Engutoto ward near Serengeti street, opposite TEMDO in Arusha District and Arusha Region in Tanzania.

The daycare center is equipped to provide quality care to children between the ages of 1-5 years old. Every fundamental that your child is guided to learn is taught with the purpose of preparing them to win in the world and to have a blast while doing it.



## 2.0 Vision

To mentor each child to their fullest potential and excellence.

#### 3.0 Mission

Our mission is to provide quality child-centered childcare focused on holistic developmentally appropriate and resource rich play-based environment, fostering education that prepares children for a future in which technology, creativity, cooperation and leadership will be central to children's lives.

We will adopt a holistic approach that enables each child to develop their social, physical, emotional and intellectual abilities.

### 4.0 Our approach to learning

We believe that learning occurs in and out of the classroom. Our curriculum is designed to educate and nurture children, creating individual opportunities to excel. Learning and care at our centre is guided by three themes.

#### a) Enquire to discover

Children have an innate desire to know about everything they see around them. firmly believe that every child is unique. We provide an environment that supports the child's curiosity and lets it explore all the avenues for mindful thinking. We believe that children are competent, capable of complex thinking, curious and rich in potential. We are committed to fostering each child's self-esteem, well-being and growing need for independence. All aspects of their development and learning are interrelated and interdependent. Some of the developmental objectives are improving the attention span of the child, helping them control impulse thinking, building a better working memory, and significantly enhancing their planning & execution skills. We shape these young minds into persistent, curious, flexible, and collaborative learners for the years to come.

# b) Equip

We nurture individual talents using play as an essential part of the education process. Simple skills will be gradually imparted in the children though imitation, rhymes, hands on learning, instructive exposure among others such include music, swimming, gardening, cookery, artwork, singing, simple poetry, independent activities including tidying spaces etc. Through such activities they are also exposed to basic numeracy and literacy skills.

# c) Excel/Soar

Therefore, we create meaningful learning environments that empower children to become life-long learners aspiring to excel in whatever good thing they wish to do. As children grow in this environment, they learn, explore, enquire, make discoveries and apply their understanding to become self-regulated lifelong learners.



#### 5.0 Our core beliefs

#### 1. Learning through play

As children play they develop socially-emotional, cognitive and physical skills needed. They also develop their problem solving, curiosity, flexibility, verbal and non-verbal skills. Socio emotionally they develop emotional intelligence, confidence, cooperation, negotiation, sharing, and appropriate communication. Plays also develops them physically through their fine motor and gross motor skills.

# 2. Developmentally appropriate activities

The staff of TSA daycare center provides a well-balanced program in the basic areas of child development. The center provides developmental age appropriate learning activities. They recognize the importance of the child's self-image as fundamental to growth as an individual.

#### 3. Positive guidance and stimulation

We believe learning happens through positive relationships, exploration, experiences and sense of belonging that enable children to become productive contributors to the world in which they live

## 4. Provision of beyond academic activities

We believe in nurturing and focusing on the body for health and fitness. These include music and dance, art and craft, swimming, dramatic plays and role plays. Such activities focus on the adequate physical activity and positive body experiences and acquisition of physically active lifestyles. Apart from the activities, the nutritional well-being of the child is a key priority of ours.

Every moment with the child is a learning opportunity. We are Soaring with Excellence. At The Strides Academy every child is has the opportunity to make positive steps from the beginning.



#### **CONTACT**

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In stagram: strides day care centre

Location: Within Arusha municipal Engutoto Ward in Njiro