PROPOSED TENTATIVE ACTIVITIES TO BE DO AT THE RESCUE HOME/SAFE HOUSE:

MONDAY TO FRIDAY: TIME FROM 9.00 to 16.00Hrs

- 1) Training while working including orientation going through HDMD's Safeguarding Policy.
- 2) Taking history of the rescued children and girls
- 3) Training on Hygiene education
- 4) Training on safe menstrual hygiene
- 5) Training on Health care
- 6) Teaching of life skills
- 7) Training on entrepreneurship
- 8) Cooking with the girls
- 9) Going through the exercise books and assist with homework.
- 10) Arranging for exercises depending on the small space
- 11) Psychosocial support
- 12) Fundraising for the Centre so that we are able address the issues especially the buying of our 3 acre plot to realize our dream as a long-term plan.
- 13) Recreation- here you plan with them and coach them healing exercises.
- 14) Any other useful activity after you are done with the existing ones.
- 15) Teaching in English Language.

	TIME	ACTIVITY					TIME	ACTIVITY
	08:15 - 09:00	A DAY PLAN MEETING					08:15 - 09:00	A DAY PLAN MEETING
	09:00 -10:00	Orientation on HIMD's Safeguarding					09:00 - 10:00	FGM SESSION
		Psychosocial support to GBV victims						- Demonstration / Further learning
	10:00 - 10:30	TEA BREAK				DAY	10:00 - 10:30	TEA BREAK
	10:30 - 11:30	HEALTH SESSION					10:30 - 11:30	FGM SESSION
¥		- FGM, VAWC, STIGMA,						- Learning on Effects
Ð		- Climate Change Mitigation etc				ES I		 Reseach and Action Planning
MONDAY	11:30 -13:00	EDUCATION SESSION		TIME	ACTIVITY	13:00 - 1	11:30 - 13:00	EDUCATION SESSION
		- Language		08:15 - 09:00	A DAY PLAN MEETING			Language
		- Revision or Homework Review		09:00 -10:00	FIELD OUTREACH SESSION			Revision or Homework Review
	13:00 - 14:00	LUNCH BREAK		09:00 - 10:00	- RCH Session, Business Skills etc.		13:00 - 14:00	LUNCH BREAK
	14:00 -16:00	- Life Skills Session		10:00 - 10:30	TEA BREAK		14:00 - 16:00	Life Skills Session
		- Business Skills Development Session	~		FIELD OUTREACH SESSION			Business Skills Development Session
	16:00 - 16:30	REFLECTION OF THE DAY	A		SRHRs		16:00 - 16:30	REFLECTION OF THE DAY
			TUESDAY	10:30 -13:00	- Business Skills			
			5		Psycho-social Support			
	TIME	ACTIVITY			-		TIME	ACTIVITY
	08:15 -10:00	OUTREACH SESSION			-		08:15 - 09:00	A DAY PLAN MEETING
THURSDAY		Review of the previous day		13:00 -14:00	LUNCH BREAK		09:00 - 10:00 10:00 - 10:30	Resource Mobilization
		Alternative rites of passage		14:00 - 16:00	- Life Skills Session			-
	10:00 - 10:30	TEA BREAK		14.00 -10.00	- Business Skills Development Session			TEA BREAK
	10:30 - 13:00	OUTREACH SESSION		16:00 -16:30	REFLECTION OF THE DAY		10:30 - 11:30	Training on differente sessions
		-				Ā		Career day for the girls
		Intergerational dialogues				FRIDAY		Dialogue with Maasai elders
		-				Ē	11:30 - 13:00	
-		-						Dialogue with Traditional Birth Attenda
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	13:00 -14:00	LUNCH BREAK					13:00 - 14:00	LUNCH BREAK Dialogue with Health Care Providers
	14:00 -16:00	OUTREACH SESSION					14:00 - 16:00	Dialogue with Health Care Providers
	16:00 - 16:30	School clubs Training					16:00 - 16:30	REFIECTION OF THE DAY
	10.00-10:50	REFLECTION OF THE DAY		-			10.00 - 10.50	REFLECTION OF THE DAY
	KEY TERMS							
	FGM	Female Genital Mutilation						
	VAWC	Violence Against Women and Children						
	RCH	Reproductive and Child Health						
	SRHRs	Sexual and Reproductive Health and Rights						